



LEAP!

**LIFESTYLE EMPOWERMENT FOR
ALZHEIMER'S PREVENTION**

Impact & Program Updates



Program Updates

- **Rural Education & Outreach**
 - 289 Rural Residents in 8 Rural Communities
- **Developing Scholars Program**
 - New KUMC—ESU partnership
 - Supporting under-represented minorities in medical/clinical research
- **LEAP! In Action**
 - Evidence-based exercise for brain health
 - Emporia Fitness - #'s doubled in 2017-2018
 - USD 253 - 40 district employees / year
- **LEAP! Rx Study**
 - NIH funded 5 year study in KC metro area

Funding Updates

- **United Way of the Flint Hills Community Partners Program**
 - Funding will provide 8-county Flint Hills region with LEAP! workshops in 2018
 - Workshop slots are open
 - **Contact Erin Blocker to schedule a workshop in your community**
- **Local Supporters/Sponsors**
 - PT Associates/Emporia Fitness, Granada Coffee, The Sweet Granada, Twin Rivers Winery, Gravel City Adventure Company, High Gear, Walmart
- **Funding opportunities are available**
 - **To sponsor a LEAP! Workshop, contact Erin Blocker.**



LEAP! Sponsorship Opportunities

- Sponsor a LEAP! Workshop
 - \$300-\$450
- Sponsor a LEAP! Workshop Series
 - \$2,500—\$3,500
- Sponsor LEAP! Incentives
 - LEAP! T-shirts, LEAP! Lifestyle Logs, LEAP! Water bottles, Brain health edibles, etc.
 - \$100+

For more information about LEAP!

or

**to host a LEAP! Workshop in your community,
contact**

Erin Blocker, Rural LEAP! Coordinator

eblocker@kumc.edu / (913) 461-8961